



STATEWIDE MENTAL HEALTH YOUTH SERVICES

ARE THERE RACIAL DISPARITIES IN YOUTH HEALTH AND HEALTH CARE UTILIZATION?

Updated 11/2023

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CALIFORNIA YOUTH: RACIAL DISPARITIES IN MENTAL HEALTH INDICATORS

IMPOVERISHED YOUTH (2021) *

* Impoverishment according to the California Poverty Measure (CPM)

SHARE OF ALL YOUTH V. IMPOVERISHED YOUTH (BY RACE/ETHNICITY)

- As of 2021, Black youth and Hispanic or Latino youth are over-represented among impoverished youth in California
- Black:
 - Share of 0-17 population: 5.7%
 - Share of impoverished youth: 6%
- Asian:
 - Share of 0-17 population : 12%
 - Share of impoverished youth : 10%
- Hispanic or Latino:
 - Share of 0-17 population : 51%
 - Share of impoverished youth : 64%
- White:
 - Share of 0-17 population : 31%
 - Share of impoverished youth : 20%
- While Hispanic or Latino youth make up over 50% of 0-17 youth, their share of impoverished youth is almost 65%

FAMILY DYNAMICS (2021)

- Single Parent Households (Mother or Father):
 - 2+ Races: 37%
 - Asian/Pacific Islander: 17%
 - Black: 63%
 - Hispanic/Latino: 42%
 - Native American: 40%
 - White: 23%
- Parental Education: (Below High School):
 - 2+ Races: 19%
 - Asian/Pacific Islander: 7%
 - Black: 9%
 - Hispanic/Latino: 29%
 - Native American: 31%
 - White: 4%

FAMILY ECONOMICS (2021)

- High Housing Cost Burden:
 - 2+ Races: 41%
 - Asian/Pacific Islander: 31%
 - Black: 52%
 - Hispanic/Latino: 45%
 - Native American: 44%
 - White: 33%
- Employment Insecurity:
 - 2+ Races: 31%
 - Asian/Pacific Islander: 23%
 - Black: 48%
 - Hispanic/Latino: 37%
 - Native American: 37%



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- White: 23%
- Receive Public Assistance:
 - 2+ Races: 28%
 - Asian/Pacific Islander: 21%
 - Black: 44%
 - Hispanic/Latino: 33%
 - Native American: 37%
 - White: 15%
- Lack Health Insurance:
 - 2+ Races: 3%
 - Asian/Pacific Islander: 2%
 - Black: 3%
 - Hispanic/Latino: 4%
 - Native American: 5%
 - White: 2%

ACADEMIC PERFORMANCE (2021-2022)

CHRONIC ABSENCE FROM SCHOOL *

- 2+ Races: 24%
- Asian: 11%
- Black: 43%
- Filipino: 16%
- Hispanic or Latino: 35%
- Native American: 44%
- Native Hawaiian or Pacific Islander: 43%
- White: 23%

* Public school students absent more than 10% of the time

HIGH SCHOOL DROPOUTS

- 2+ Races: 7%
- Asian: 2%
- Black: 17%
- Filipino: 2%
- Hispanic or Latino: 9%
- Native American: 14%
- Native Hawaiian or Pacific Islander: 11%
- White: 6%

COLLEGE READINESS *

- 2+ Races: 59%
- Asian: 78%
- Black: 41%
- Filipino: 70%
- Hispanic or Latino: 44%
- Native American: 30%
- Native Hawaiian or Pacific Islander: 40%
- White: 57%

* Represents the percentage of in the four-year cohort who met the UC/CSU entrance, or A-G, course requirements

FOSTER YOUTH (2022)

- Black and Native American youth 4 times as likely to enter foster care than white youth



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- Hispanic or Latino youth 50% more likely to enter foster care than white youth

JUVENILE JUSTICE YOUTH (2022)

- Disproportionate share of youth involved with justice system is Black and Hispanic or Latino
- % of Youth Population vs. Share of Youth Arrests
 - Black: 433
 - Share of 0-17 population: 5%
 - Share of youth arrests: 20%
 - Hispanic/Latino:
 - Share of 0-17 population: 48%
 - Share of youth arrests: 55%
 - Other:
 - Share of 0-17 population: 16%
 - Share of youth arrests: 6%
 - White:
 - Share of 0-17 population: 30%
 - Share of youth arrests: 18%

* Children and youth under 21 years old detained, incarcerated, or placed in residential facilities

PHYSICAL AND BEHAVIORAL HEALTH

MEDI-CAL MANAGED CARE DATA (2021)

HEALTH DISPARITIES AMONG MEDI-CAL YOUTH ON KEY HEALTH INDICATORS (MANAGED CARE) *

- Native American:
 - Child and Adolescent Well-Care Visits
 - Childhood Immunization Status
 - Immunizations for Adolescents
 - Counseling for Nutrition
 - Counseling for Physical Activity
 - Well-Child Visits (0-15 months)
 - Well-Child Visits (15-30 months)
 - Developmental Screenings
- Asian:
 - Well-Child Visits (0-15 months)
 - ADHD Medication Follow-Up
- Black:
 - Child and Adolescent Well-Care Visits
 - Childhood Immunization Status
 - Immunizations for Adolescents
 - Well-Child Visits (0-15 months)
 - Well-Child Visits (15-30 months)
 - Developmental Screenings
 - ADHD Medication Follow-Up
- Hispanic/Latino:
 - Well-Child Visits (0-15 months)
 - Well-Child Visits (15-30 months)
 - Developmental Screenings
 - ADHD Medication Follow-Up
- Native Hawaiian/Pacific Islander:
 - Child and Adolescent Well-Care Visits
 - Well-Child Visits (0-15 months)
 - Well-Child Visits (15-30 months)
 - Developmental Screenings
- Other:
 - Immunizations for Adolescents



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- Well-Child Visits (0-15 months)
- Well-Child Visits (15-30 months)
- Developmental Screenings
- ADHD Medication Follow-Up
- White:
 - Child and Adolescent Well-Care Visits
 - Childhood Immunization Status
 - Immunizations for Adolescents
 - Well-Child Visits (0-15 months)
 - Well-Child Visits (15-30 months)
 - Developmental Screenings
 - ADHD Medication Follow-Up
- Asian youth had highest performance rate for 6 of 9 health indicators
- Native American youth had disparities identified in 8 of the 9 health indicators
- Black and white youth had disparities identified for 6 of the 9 health indicators

* Below each race/ethnicity is a list of health indicators for which a disparity was identified

NATIONAL SURVEY OF CHILDREN’S HEALTH (2020-2021)

LOW BIRTH-WEIGHT

- 2+ Races: 8%
- Asian/Pacific Is.: 9%
- Black: 12%
- Hispanic/Latino: 7%
- Native American.: 8%
- White: 6%

ASTHMA CONDITION

- Asian: 2%
- Black: 20%
- Hispanic/Latino: 5%
- Other: 4%
- White: 5%

OVERWEIGHT

- Asian: 4%
- Black: 15%
- Hispanic/Latino: 14%
- Other: 3%
- White: 4%

DECAYING TEETH OR CAVITIES

- Asian: 12%
- Black: 16%
- Hispanic/Latino: 17%
- Other: 9%
- White: 12%

ADVERSE CHILDHOOD EXPERIENCES

- 1 ACE:
 - Asian: 16%
 - Black: 24%
 - Hispanic/Latino: 21%
 - Other: 21%
 - White: 17%
- 2+ ACES:



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- Asian: 2%
- Black: 34%
- Hispanic/Latino: 18%
- Other: 13%
- White: 11%

MENTAL, EMOTIONAL, DEVELOPMENTAL OR BEHAVIORAL CONDITION, 3-17 YEARS

- Asian: 9%
- Black: 28%
- Hispanic/Latino: 18%
- Other: 27%
- White: 23%

DEVELOPMENTAL DELAY, 3-17 YEARS

- Asian: 3%
- Black: 8%
- Hispanic/Latino: 5%
- Other: 4%
- White: 4%

SOURCES

California Child Welfare Indicators Project
Kidsdata.org (Population Reference Bureau)
California Department of Education
California Department of Justice
California Department of Health Care Services
National Survey of Children’s Health
The Annie E. Casey Foundation (Kids Count Data Center)

