

STATEWIDE MENTAL HEALTH YOUTH SERVICES

HOW DO MOST CALIFORNIA YOUTH RECEIVE PHYSICAL AND MENTAL HEALTH SERVICES? PART I

CALIFORNIA'S MEDICAID: MEDI-CAL & CHIP

WHAT IS MEDI-CAL?



California's version of the national health care program Medicaid



entitles youth 21 and under to medically necessary care including preventive, physical, mental and dental services



free for households with incomes up to 266% of the federal poverty line (FPL)¹



beneficiaries receive services through managed care or fee-for service



stands for Children's Health Insurance Program (CHIP) and is part of the Medi-Cal program



expands health coverage to youth 19 and under with incomes above Medi-Cal thresholds



California has both a CHIP within its Medi-Cal program and a stand-alone CHIP



beneficiaries receive services through managed care or fee-

ELIGIBILITY FOR MEDI-CAL & CHIP (INCOME THRESHOLDS)3

GROUP	AGE	MEDI-CAL	CHIP ⁴
General youth	0 - 1	213% of FPL	322% of FPL
	2 - 5	142% of FPL	266% of FPL
	6 - 18	133% of FPL	266% of FPL
	19 - 25	138% of FPL	N/A
Current/former foster youth	0 - 26	Current/former fos automatically enro regardless of incon	lled in Medi-Cal,
Juvenile justice youth	10 - 17	Youth in juvenile d have Medi-Cal bene not terminated) un	efits suspended (but
Undocumented youth	0 - 25	Children and youth meet income thres Medi-Cal regardles status.	holds are covered by

created where household pays a certain amount before Medi-Cal starts to pay

MEDI-CAL & CHIP: ENROLLMENT, PATHWAYS, AND DELIVERY SYSTEMS

ENROLLMENT(MONTHLY)



YOUTH ENROLLED IN MEDI-CAL



PATHWAYS TO MEDI-CAL/CHIP AND DELIVERY SYSTEMS

PATHWAYS DO YOUTH BECOME **ELIGIBLE FOR** MEDI-CAL?



ARE ELIGIBLE VIA AN INCOME PATHWAY INCOME PATHWAY- ADULT

INCOME PATHWAY- CHILD Non-Income Pathway- Adult LIMITED SCOPE MEDI-CAL/STATE-ONLY ■ Non-Income Pathway- Child

WHICH SYSTEMS DOES MEDI-CAL USE TO DELIVER SERVICES TO уоитн?

MAJORITY OF YOUTH RECEIVE SERVICES VIA MANAGED CARE MANAGED CARE ■ FEE-FOR-SERVICE

MEDI-CAL FOR KIDS & TEENS (RENAMED IN 2023)

WHAT IS THE MEDI-CAL FOR KIDS & TEENS BENEFIT?

refers to the federal Early Periodic Screening Diagnostic Treatment (EPSDT) benefit

as of 2023. California refers to EPSDT as Medi-Cal for Kids & Teens

entitles Medi-Cal and CHIP vouth 21 and under to preventive health care and mental health services

MEDI-CAL FOR KIDS AND TEENS GUARANTEES YOUTH 21 AND UNDER WITH SCREENING SERVICES, CORRECTIVE TREATMENT, AND DENTAL SERVICES.



SCREENINGS IMMUNIZATIONS



PHYSICIAN HOSPITAL VISITS



HEARING & **DENTAL CARE**



PHYSICAL, SPEECH & OCCUPATIONAL **THERAPIES**



MENTAL HEALTH & SUBSTANCE ABUSE SERVICES TREATMENT

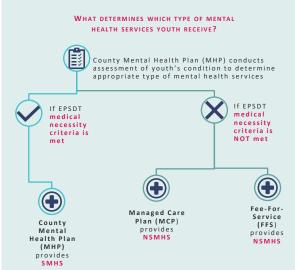
MEDI-CAL MENTAL HEALTH SERVICES

TYPES OF MENTAL HEALTH SERVICES

MENTAL HEALTH SERVICES INTENSIVE CARE INDIVIDUAL, GROUP, AND FAMILY THERAPY DYADIC SERVICES MEDICATION SUPPORT INTENSIVE HOME-CRISIS SERVICES FACILITIES SERVICES PSYCHIATRIC INPATIENT THERAPEUTIC HOSPITAL SERVICES BEHAVIORAL SERVICES TARGETED CASE PEER SUPPORT SERVICES THERAPEUTIC FOSTER CARE PSYCHIATRIST SERVICES PSYCHOLOGIST SERVICES

FACILITY SERVICES

PROCESS OF RECEIVING MENTAL HEALTH SERVICES



MEDICALLY NECESSARY CRITERIA¹

YOUTH HAS ONE OF THE FOLLOWING HIGH RISK IN TRAUMA SCREENING TOOL

INVOLVED IN THE CHILD WELFARE SYSTEM INVOLVED IN THE JUVENILE JUSTICE SYSTEM

EXPEDIENCING HOMELESSNESS

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AT LEAST ONE	AND
SIGNIFICANT IMPAIRMENT	DIAGNOSED MENTAL HEALTH DISORDER
REASONABLE PROBABILITY OF SIGNIFICANT DETERIORATION IN AN IMPORTANT AREA OF LIFE FUNCTIONING	SUSPECTED MENTAL HEALTH DISORDER
A REASONABLE PROBABILITY OF NOT PROGRESSING DEVELOPMENTALLY	SIGNIFICANT TRAUMA PLACING YOUTH AT RISK FOR FUTURE MENTAL HEALTH CONDITION
A NEED FOR SMHS NOT INCLUDED WITHIN THE MEDI- CAL MANAGED CARE PLAN MENTAL HEALTH BENEFITS	
sity criteria	

1 County Mental Health Plans (MHP) are tasked with ensuring all youth receive mental health services, regardless of whether they meet the EPSDT medical necess



elled in Presumptive Eligibility receive fee-for-service Medi-Cai until they have finalized their enrollment esholds for Medi-Cai and CHIP are based on household income levels as a percentage of the federal poverty level (children up to age 19 are eligible if annual household income was below 266% of FPL) ties (San Mateo, Santa Clara and San Francisco), separate CHIP programs covery youth up to 19 up to 322% of the federal poverty level

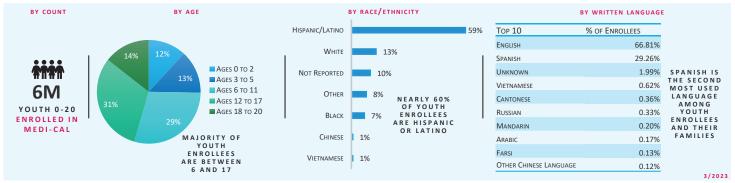
Department of Health Care Services does not report to CMS total enrollment in limited scope Medi-Cal or state-only funded programs (includes children and youth 25 and under and adults 50 and older regardless of immigration status)

STATEWIDE MENTAL HEALTH YOUTH SERVICES

HOW DO MOST CALIFORNIA YOUTH RECEIVE PHYSICAL AND MENTAL HEALTH SERVICES? PART II

SNAPSHOT OF MEDI-CAL YOUTH ENROLLEES

ALL YOUTH ENROLLEES



YOUTH ENROLLEES BY SUBGROUP

0-18 IN STATE ENROLLED IN MEDI-CAL (2022)

0-20 SHARE OF ALL MEDI-CAL **ENROLLEES** (5/2023)

IMPOVERISHED 81% 0-18 LIVING BELOW

FPL ON MEDI-CAL (2022)

FOSTER CARE 100%

ELIGIBLE FOR MEDI-CAL2

76K 0-20 ENROLLED MONTHLY IN MEDI-CAL (1/2021) JUVENILE JUSTICE

60%

COVERED BY MEDICAID/CHIP (2015-2019)

MEDI-CAL FOR KIDS AND TEENS: USE OF SERVICES

ALL YOUTH

MEDI-CAL FOR KIDS AND TEENS GUARANTEES YOUTH 21 AND UNDER WITH SCREENING SERVICES, CORRECTIVE TREATMENT, AND DENTAL SERVICES

ANNUAL EPSDT REPORTING DATA1

96% ELIGIBLE FOR SERVICES FOR 90 **CONTINUOUS DAYS** 0-20 ELIGIBLE EXPANSION



MANAGED CARE

ELIGIBLES RECEIVING INITIAL OR PERIODIC SCREENINGS

40% ELIGIBLES RECEIVING PREVENTIVE DENTAL OR **ORAL HEALTH SERVICES**

MEDI-CAL FOR KIDS AND TEENS: USE OF SPECIALTY MENTAL HEALTH SERVICES (SMHS)

WHAT ARE SPECIALTY MENTAL HEALTH SERVICES (SMHS)?

available to youth under 21 who meet the medical necessity criteria for "specialty" mental health services

mental health services delivered through county mental health plans

INTENSIVE HOME-BASED SERVICES (IHBS) THERAPEUTIC FOSTER CARE (TFC)

THERAPEUTIC BEHAVIORAL SERVICES (TBS)

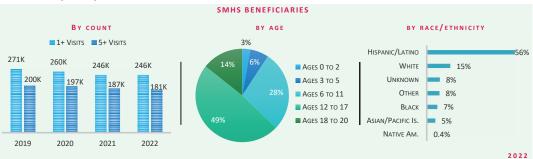
INTENSIVE CARE COORDINATION (ICC)

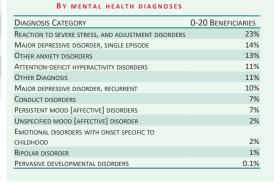
PSYCHOTROPIC MEDICATION EVALUATION INDIVIDUAL GROUP AND FAMILY THERAPY

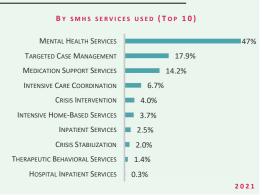
CRISIS COUNSELING AND STABILIZATION

SPECIAL DAY PROGRAMS

YOUTH 0-20 RECEIVING SPECIALTY MENTAL HEALTH 246K SERVICES (SMHS)







PPL stands for the Census Bureau's federal poverty level
Children and youth who receive federal foster care benefits

ir the Census Bureau's federal poverty level youth who receive federal foster care benefits are automatically eligible for Medi-Cal yes not include all who fall under the Adoption/Foster Care aide category (Just those in foster care) cludes children and youth 21 to 17 years old nationwide who stayed overnight in Jail/detention in past year (2015-2019 NSDUH)

¹ As of 2023, the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit enacted to Federal law in 1967 is referred to as Medi-Cal for Kids and Teens in California

¹ See Infographic 3 for more information about up-to-date specialty mental health services (SMHS) medical necessity criteria