STATEWIDE MENTAL HEALTH YOUTH SERVICES

WHAT ARE THE NEEDS OF YOUTH IN CALIFORNIA?

MENTAL ILLNESS AMONG CALIFORNIA CHILDREN AND YOUTH

OF MENTAL ILLNESS **BEGIN BY AGE 14**

OF MENTAL ILLNESS **BEGIN BY AGE 24**

OF CHILDREN HAVE MENTAL, EMOTIONAL, DEVELOPMENTAL OR BEHAVIORAL CONDITIONS¹

DEPRESSIVE EPISODE IN THE PAST YEAR²



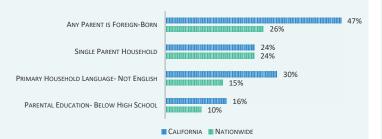
LEADING CAUSE OF **DEATH** FOR YOUTH 10 TO 24 IS SUICIDE³

1 Includes children and youth ages 3 to 17 years old who have 1+ mental, emotional, developmental or behavioral conditions and/or qualify on CSHCN Screener emotional, behavioral or developmental criteria: 2020-2021 2 Includes data on children and youth ages 12 to 17 years old: 2022 3 Higher rates were found among male youth, and monet common mechanism for suicide was use of firearms: 2020

CALIFORNIA YOUTH: SOCIAL DETERMINANTS OF HEALTH 2020-2021 NATIONAL SURVEY OF CHILDREN'S HEALTH

FAMILY DEMOGRAPHICS

COMPARED TO THEIR PEERS NATIONWIDE, CALIFORNIA YOUTH ARE MORE LIKELY TO BE FROM IMMIGRANT FAMILIES, WHERE ENGLISH IS NOT THE PRIMARY LANGUAGE AND PARENTAL EDUCATION IS BELOW THE HIGH SCHOOL LEVEL



FAMILY ECONOMICS



24% COULD NOT NUTRITIOUS FOOD

% 45% RECEIVED FOOD OR CASH ASSISTANCE IN PAST YEAR²



FAMILY DYNAMICS AND SAFETY

ADVERSE EXPERIENCES BY TYPE

ADVERSE EXPERIENCES IN CHILDHOOD CAN HAVE A CRUCIAL INFLUENCE ON THE FUTURE WELL-BEING OF YOUTH AND WHETHER THEY DEVELOP LONG-TERM MENTAL HEALTH NEEDS



EMOTIONAL AND MENTAL HEALTH

MOTHER'S OVERALL **HEALTH NOT** EXCELLENT OR VERY GOOD

35%

FATHER'S OVERALL **HEALTH NOT** EXCELLENT OR VERY GOOD

Household with income less than 100% of the federal poverty level with at least one caregiver employed full- or part-time

2020-21

CALIFORNIA YOUTH: MENTAL HEALTH NEEDS

CHILDREN IN PUBLIC SCHOOLS

STUDENTS

WHO ARE

56% FREE/REDUCED SCHOOL LUNCH

39K

STUDENTS WHO

DROPPED OUT

OF SCHOOL

CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CSHCN)

ENGLISH LANGUAGE

LEARNERS

30%

CHRONIC

ABSENTEEISM

RATE

iMi•

SYSTEM

49%

UNPREPARED

FOR UC/CSU

2021-22

2020-21

IN THE

OF ALL CALIFORNIANS EXPERIENCING HOMELESSNESS **ARE YOUTH**

ROUGHLY

36%

HOMELESS & UNACCOMPANIED

YOUTH²

ROUGHLY

35%

OF HOMELESS YOUTH ARE UNSHELTERED

MORE THAN 1 in 3

> IINACCOMPANIED **HOMELESS YOUTH** IN THE U.S. ARE IN CALIFORNIA

> > 2021

JUVENILE JUSTICE YOUTH

OVER **75%**

EXPERIENCED CHILDHOOD TRAUMA BEFORE AND ARE FURTHER TRAUMATIZED BY INCARCERATION

UP TO **70**%

OF YOUTH IN THE JUVENILE COURT SYSTEM HAVE A DIAGNOSABLE MENTAL HEALTH CONDITION

2022

FOSTER YOUTH

48% HAVE 4+ ADVERSE CHILDHOOD **EXPERIENCES**

60% UNDER AGE 5 HAVE DEVELOPMENTAL HEALTH ISSUES

37% EXPERIENCE 3 OR MORE PLACEMENTS



MORE LIKELY TO HAVE A MENTAL **HEALTH CONDITION**

2022

57%

HAVE ONGOING EMOTIONAL.

DEVELOPMENTAL

AND/OR BEHAVIORAL NEEDS

1.4M

CHILDREN WITH

CARE NEEDS

(CSHCN)



JUDICIAL COUNCIL OF CALIFORNIA CONTACT SAFIA.BELAYADI@JUD.CA.GOV FOR QUESTIONS GOT FEEDBACK? TAKE A QUICK SURVEY HERE

¹ CSHCN are at an increased risk for chronic health conditions and require care beyond those required by children generally 2 Includes Homeless Management Information System (MHIS) data on homeless youth 24 years and under and U.S. Department of Housing and Urban Development point-in-time data on unaccompanied youth 25 years and under 3 Includes youth in foster care for 24 months or longer