

INCENTIVES

	<u>GOOD</u>	<u>BAD</u>	<u>Effective</u>
<u>Kids</u> N= 23	Food coupons Sports equipment Socks/Tee-shirts Hygiene equipment Fish Bowl Early release from Hall Medallions for sober time	Books Mandatory outings	Frequent drug testing SCRAM (alcohol monitoring) Encouragement from the Judge Admonishment from the Judge Residential Tx. Get off Probation early Sealing of Records Increase amount for phasing up Recognition from peers in court

INCENTIVES

	<u>GOOD</u>	<u>BAD</u>	<u>EFFECTIVE</u>
<u>Professionals</u> N= 15	Orientation night (family/pizza) All of the above (kids list)	Letting kids out of Hall early(PO) Pizza if all are good that week (creates resentments)	Time out of Toxic home environment Letting kids out of Hall early (PD,TX)
	Activities - mandated	Activities - mandated	Encouragement from team even if in trouble
	Phases	Longer curfew	Phasing up –monetary increase
	Incentives for parents Point system	Parent of the Month Point system (only works for a few)	Incentives such as gas cards for parents Weekly encouragement from Judge

SANCTIONS

	<u>GOOD</u>	<u>BAD</u>	<u>EFFECTIVE</u>
<u>Kids</u>	Time in Hall	Weekend detention	Time in Hall
	Admonishment by Judge	More groups(transportation)	One-on One session
	SCRAM	Weekend community service	Weekend community service
	Drug testing	Drug testing(transportation)	Encouragement from Judge
	On-site 12 step meetings	Outside 12 step meetings/adult	Residential Tx.

SANCTIONS

<u>Professionals</u>	Time in Hall	Short time in Hall (less than 4 days)	Work on weekends
	Admonishment	Delayed sanctions	Immediate sanction
		Essays	

THINGS THAT COULD BE IMPROVED UPON (KIDS)

- On-site meetings
- Groups too long – need to be shorter
- More activity time while at treatment center (games/fun!)
- Music therapy
- Outside activities
- Food at treatment – not candy
- Isolation – can't hang out with anybody

THINGS THAT COULD BE IMPROVED UPON (Professionals)

- * More residential Tx. options
- * More family involvement
- * More activities for kids in community
- * Funding for outside activities
- * Funding for transportation
- * Funding for food
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The ONE thing that everybody could agree upon was that Incentives are pretty easy to be consistent with, but Sanctions are definitely individually based depending on; family support, what Phase they are in, what their past usage has been, what age they are and where they are in school. The kids definitely understood that the sanction for one might not be the same sanction for another.

All the kids from each of the three courts were able to verbalize that 'fairness' was not the sanction that they received compared to another, but that they were all treated with respect.

The adults all thought the kids were going to be really negative and harsh about the requirements, but that was not the case. Even kids that received a 30 (and one a 60 day sanction) stated that they needed that time to think –

What I learned: (N=1)

1. We need to teach the kids how to critically think – most of them were stumped when I asked them to critique the program.
2. We need to do CLIENT SATISFACTION SURVEYS – we do them with adults but not the kids
3. Give them more credit in decision making about their incentives and consequences. We provide the gift cards and purchase the 'goods' that they can pick from, but perhaps we should let them fill out a list of what interests them and would make them work towards their goals, rather than deciding for them. For sanctions – they are generally more critical and hard on themselves than we would be – we could possibly negotiate – give them a sense of buy-in for the consequence.
4. Try having the outings as an option, they all said they would like it better if THEY got to choose what outings they wanted to go on, "instead of being treated like group home kids".
5. More 'future' planning, rather than just relapse prevention. Take those interested to a college campus just to look at it.
6. Family planning – we have three kids that are going to be parents.
7. Most kids want interaction with other kids, but are generally restricted to go to events. We must do a better job at getting kids connected with social activities through Boys and Girls Clubs, mentoring, church, etc.