

# Kristin M. Lulich, DNP, PMHNP-BC

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Board Certified Psychiatric Mental Health Nurse Practitioner

## Education & Credentials

<b>Doctor of Nursing Practice</b> <i>University of San Diego—San Diego, CA</i>	09/2016-05/2018
<b>Masters of Science in Nursing, Psychiatric Mental Health Nurse Practitioner</b> <i>University of San Diego—San Diego, CA</i>	09/2013-05/2015
<b>Bachelor of Science in Nursing</b> <i>Washington State University—Spokane, WA</i>	09/2006-12/2010
<b>California Nurse Practitioner License</b> NP95002702	07/2015-06/30/2020
<b>DEA Number Schedule II-V</b>	07/2015-03/31/2021
<b>California Registered Nurse License</b> 795367	Expires 06/2020
<b>Neuroscience Education Institute: Master Psychopharmacology Certification</b>	01/2019

## Professional Experience

### **Mind Bloom La Jolla**

La Jolla, CA  
Beginning 12/2019

#### *Psychiatric Mental Health Nurse Practitioner/CEO*

Outpatient psychiatric treatment for children, adults, and adolescents. Diverse patient population and collaboration with residential and inpatient treatment facilities to coordinate continued care. Psychopharmacological management, individual therapy, emphasis on nutritional and lifestyle modifications.

### **Community Psychiatry (Formerly called Coastal Psychiatric Medical Associates, Inc.)**

Del Mar, CA  
02/2019-Current

#### *Psychiatric Mental Health Nurse Practitioner*

Outpatient psychiatric treatment for children, adults, and adolescents. Diverse patient population and collaboration with residential and inpatient treatment facilities to coordinate continued care. Psychopharmacological management, individual therapy, emphasis on nutritional and lifestyle modifications.

### **University of San Diego**

Linda Vista, CA  
09/2018-current

*Simulation Faculty*

Assisted in simulated patient events for nurse practitioner students. Duties included observing student's clinical skills, providing feedback on performance, and evaluating competencies.

**Coastal Psychiatric Medical Associates, Inc.**

Del Mar, CA  
08/2017-02/2019

*Psychiatric Mental Health Nurse Practitioner*

Outpatient psychiatric treatment for children, adults, and adolescents. Diverse patient population and collaboration with residential and inpatient treatment facilities to coordinate continued care. Psychopharmacological management, individual therapy, emphasis on nutritional and lifestyle modifications.

**Achieve Medical Center**

La Jolla/Eastlake, CA  
08-2015- 08/2017

*Psychiatric Mental Health Nurse Practitioner*

Outpatient psychiatric treatment for children, adults, and adolescents. Diverse patient population with emphasis on treatment resistant depression, anxiety, and attention deficit hyper activity disorder. Psychopharmacological management, Transcranial Magnetic Stimulation, individual therapy.

**Tricity Medical Center**

Vista, CA  
09/2015-02/2017

*Psychiatric Mental Health Nurse Practitioner*

Inpatient psychiatric treatment. Stabilization and treatment of patients in acute psychiatric crisis. Emphasis on Emergency psychopharmacological management, extensive safety and suicide assessment

**Achievements/Acknowledgements**

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|---|--------------|
| Commentator on RTTV discussing body image/body positivity and nutrition   | June 2018    |
| Presenter at the Western Institute of Nursing national conference<br>Focus on Fitness: Incorporating Exercise into the Treatment Plan of Children and Adolescents with Attention-Deficit Hyperactivity Disorder | April 2018   |
| Clinical Preceptor<br>Clinical educator for students from the University of San Diego, University of California San Marcos, Vanderbilt, University of South Alabama, and Lake Erie College of Medicine.         | 2016-current |
| Panelist for San Diego Integration Organization: Psychiatric Nurse Practitioners Your Swiss Army Knife for the Future of Behavioral Healthcare  | June 2015    |
| Sigma Theta Tau member  | 2013-present |