

Domestic Violence Intimate Partner Violence: Why Don't They Leave? Understanding Why DV Victims Stay



Dr. Gena Castro Rodriguez PsyD
Chief of Victim Services- SFDA
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Agenda



- ☞ Why people stay in an abusive relationship
- ☞ Treating IPV/DV in Therapy
- ☞ Safety planning
- ☞ Resources

Stages of Control



Attack Identity

Establish Guilt

Isolation

Reverse Blame

Cycles of Calm/Chaos

Factors for Staying



- ☞ Fear
- ☞ Guilt
- ☞ Shame
- ☞ Self Esteem
- ☞ Capacity for Love to Include Pain
- ☞ Trauma Bonding
- ☞ Isolation
- ☞ Social, Religious, Cultural Pressure

Factors for Staying



- ☞ Children
- ☞ Financial
- ☞ Afraid of Police
- ☞ Immigration Status
- ☞ Disability
- ☞ Dependence
- ☞ Love
- ☞ Belief They Will Changes

LGBT Relationships



- ☞ Shame/Embarrassment
- ☞ Fear of not being believed
- ☞ Fear of Retaliation/Outing
- ☞ Loss of Community

Leaving is a Process Not an Event

75 % of all DV homicides happen when the person leaves

[Leslie Morgan TED talk](#)

High Lethality

Has the physical violence increased in severity or frequency over the past year? Does he own a gun?
 Have you left him after living together during the past year?
 3a. (If have *never* lived with him, check here ___)
 Is he unemployed?
 Has he ever used a weapon against you or threatened you with a lethal weapon?
 (If yes, was the weapon a gun?___)
 Does he threaten to kill you?
 Has he avoided being arrested for domestic violence?
 Do you have a child that is not his?
 Has he ever forced you to have sex when you did not wish to do so?
 Does he ever try to choke you?
 Does he use illegal drugs? By drugs, I mean "uppers" or amphetamines, "meth", speed, angel dust, cocaine, "crack", street drugs or mixtures.
 Is he an alcoholic or problem drinker?
 Does he control most or all of your daily activities? For instance: does he tell you who you can be friends with, when you can see your family, how much money you can use, or when you can take the car? (If he tries, but you do not let him, check here: ___) Is he violently and constantly jealous of you?
 Have you ever been beaten by him while you were pregnant? (If you have never been pregnant by him, check here: ___)
 Has he ever threatened or tried to commit suicide?
 Does he threaten to harm your children?
 Do you believe he is capable of killing you?
 Does he follow or spy on you, leave threatening notes or messages, destroy your property, or call you when you don't want him to? Have you ever threatened or tried to commit suicide?

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Jackie Campbell

Safety Planning



- ☞ Safest room in the home
- ☞ Safe people to contact
- ☞ Code word for family and friends
- ☞ Memorize important #s
- ☞ Have cash on hand
- ☞ Identify safe places
- ☞ Keep a bag at friend/relative house or in safe place
- ☞ Bank account or card in your name
- ☞ Shelter and other resources

Resources



SF DV Hotline 415-864-4722
National DV Hotline 1-800-799-SAFE (7233)

Asian Perinatal Advocates Family Support Services
www.apafss.org
Asian Pacific Islander Legal Outreach
www.apilegaloutreach.org
Asian Women's Shelter
www.sfaws.org
Bay Area Legal Aid
www.baylegal.org
Cooperative Restraining Order Clinic 415-864-1790
Cameron House
www.cameronhouse.org
Futures Without Violence
www.futureswithoutviolence.org
Glide Women's Center
www.glide.org
Women's Inc.
www.womenskinc.org
La Casa De Las Madres 1-877-503-1850
www.lacasa.org

Contact Information



Dr. Gena Castro Rodriguez
Chief of Victim Services and Parallel Justice Programs
San Francisco District Attorney's Office
850 Bryant Street, Room 320
San Francisco, CA 94103
415-337-5693
gena.castrorodriguez@sfgov.org