



OPPORTUNITIES AVAILABLE AT THE ANTI-RECIDIVISM COALITION (A.R.C.)

Website: www.antirecidivism.org

Phone: (213) 955-5885

Address: 448 S. Hill Street, Suite 908, Los Angeles, CA 90013

WEEKLY PROGRAMMING

SUPPORT GROUP: EVERY MONDAY from 6PM to 8PM. This started as an addiction group, but has evolved into a group to support people about whatever is on their mind in a safe place. JD Melendez, ARC member, facilitates; this group is open to everyone.

PERSUASIVE STORYTELLING/WRITING CLASS: EVERY OTHER MONDAY from 6PM to 8PM. This class helps members to use the best and most effective way to tell their story to help advocate, and is ideal for members who want to strengthen their writing skills or possibly publish an op-ed article.

TUESDAY CHILL HOUR: EVERY TUESDAY from 12PM to 1PM. Right after the ARC New Member Orientation. A space to hang out and socialize with other members and staff. We will have games. Feel free to bring your own lunch.

YOGA & WELL BEING: EVERY TUESDAY from 6PM to 8PM. A welcoming environment to explore the benefits of Yoga and other mindfulness practices for stress relief, healing and empowerment. No need to be flexible or have prior experience. A yoga mat will be provided for you.

HEALTHY RELATIONSHIPS GROUP: EVERY WEDNESDAY from 6PM to 7:30PM. A supportive space for members to share their experiences and perspectives from past and current relationships.

EMPOWERMENT GROUP (Koreatown housing): EVERY THURSDAY from 7PM to 8:30PM. Location is at 1250 Magnolia Ave., Los Angeles, CA 90006. This is a group that targets your interpersonal well being and responses. Work at being a better communicator.

COMPUTER CLASS: EVERY FRIDAY FROM 9:30AM to 11:00AM Introduction to Computers taught by Jermaine Zubia, ARC member. New lesson every Friday.

FINANCIAL FREEDOM EVERY THURSDAY FROM 12:00PM to 1:00PM Learn how to manage your money, why you need credit, and how to buy a car, among other topics.

A.R.C. WOMENS' SUPPORT MEETING: EVERY LAST THURSDAY OF THE MONTH from 6pm- 8pm. Recognizing the unique needs of A.R.C.'s female population, this gathering offers the female members and allies of the A.R.C. family to share successes and challenges, and work together to develop the support network for our growing number of young women returning home to our community.

MEMBER SUPPORT MEETING: EVERY LAST SUNDAY OF THE MONTH from 4PM to 6PM (unless there is a conflict). This is where and when all ARC members gather together to reconnect with each other and to receive announcements and updates on all of the opportunities available at ARC.

CAREER DEVELOPMENT PROGRAMMING

CAREER READINESS TRAINING: *Beginning the first Monday of every month 7am – 1pm Monday – Thursday (Contact Adrian Vasquez for more details).* This program is the first step to accessing the vast employment resources A.R.C. has to offer. The intensive program is designed to guide and support members in setting goals and preparing for sustainable career pathways. General job readiness tools such as resume building and interview skills are married with trauma informed soft skills training to help participants believe in their talents and skills and continue to develop tools for a variety of career options. This program is a requirement for any member seeking to be referred by A.R.C. to the countless number of employment partners eager to hire our hard working members.

- Employee partners include: Starbucks, The Cheesecake Factory, Nobu, Martin Outdoor Media, LA Federation of Labor, Fusion/Univision, BridgeStreet Productions, LA Chamber of Commerce, AEG

A.R.C. PAID INTERNSHIP PROGRAM: *(See Life Coach for details).* This program offers members a 12 week, paid internship opportunity in all of the departments of A.R.C.. Interns work on developing a wide range of professional skills in the exciting environment of the A.R.C. office. With exposure to policy, member services, inside correspondence and communications, this is an incredible experience for members interested in working with the reentry population or exploring business/corporate sector career paths. Computer skills, phone etiquette, professionalism and communication are some of the areas in which internship alumni have strengthened their skill set.

SECOND CHANCE PRE-APPRENTICESHIP PROGRAM: *(See Life Coach for details).* In a powerful partnership with the L.A. County Board of Supervisors, L.A. Federation of Labor and L.A. Trade Tech College, A.R.C. has developed a guaranteed pathway to building trade union apprenticeship positions. This 12-week intensive program is a well blended combination of soft skills training facilitated by an A.R.C. life coach, and the hard skills curriculum required for a successful transition into the building trade apprenticeship programs. The growing list of building trade committed partnerships includes: Laborers, Electricians, Roofing, HVAC and plumbing.

COMMUNITY PARTNER TRAINING PROGRAMS: *(See Life Coach for details).* A.R.C.'s community partnerships are a critical component to providing the depth of support our members deserve.

DEFY VENTURES: www.defyventures.org. As this entrepreneurial focused program continues to flourish inside 13 state prisons, their opportunities to benefit from their training in the community is strengthening. Members can log in to the website and enroll in their introductory online training program to explore new tools in professional development and potential business ventures. For members who have great ideas for the business world, continuing on into their entrepreneur program will help launch those ideas into reality.

YEAR UP: With a focus on corporate/professional career pathways and mentorship, Year Up is a great experience for young adult members of A.R.C. who are working on their high school diploma with an intention to pursue higher education goals and a professional career. One of the most important aspects of this program is the opportunity to partner with a professional mentor.

MANIFEST WORKS: For members looking to pursue a career in the production world of entertainment, Manifest Works is an incredible pathway. With the 12 week workshop program held only on Saturdays, this is a viable option for members to work during the week, and continue pursuing advanced training/education on the weekends. Manifest Works graduates are successfully working in all areas of the production industry in departments including: camera, lighting, set design, grip and Production Assistant.

HOLLYWOOD CPR: Through West L.A. College, Hollywood CPR is a degree based higher education program designed to prepare students for a large variety of entertainment production careers. Internships and hands on training further strengthen this year long program.

OTHER AVAILABLE SERVICES:

Tattoo removal: (community service/ see Life Coach)

Counseling Services: available for ARC members only

Limited Housing available: (see Life Coach for application)

Updated 9/2017