
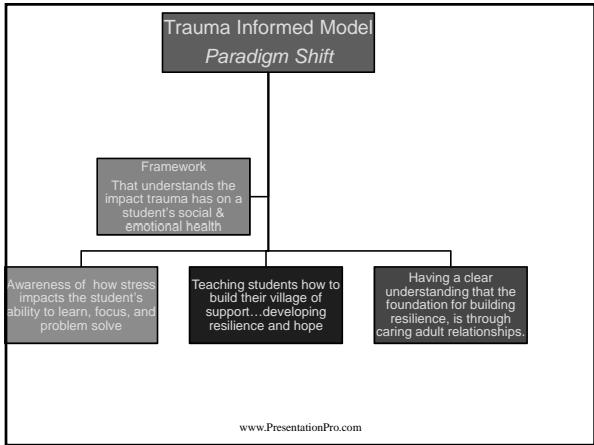


“Trauma Informed Model”
Keeping Our Students In School




Jim Sporleder
Lincoln High School, Principal
2008-2013

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Educators expect at-risk students to come to class and...



Remove Disruptor	Disruptive...remove from the class
Participation	Engage in the learning
Academics	Focus on Academic Learning
Behavior	Appropriate classroom behavior
Attendance	Demonstrate good daily attendance

The reality of the student who is dealing with intense stress...

<p><u>Attendance</u></p> <p>Unless connected to a caring adult, these students tend to have poor attendance</p>	<p><u>Behavior</u></p> <p>The amount of stress a student is carrying may manifest itself in disruptive behavior or isolation</p>	<p><u>Academics</u></p> <p>Academic learning is not always a priority in the lives of students dealing with traumatic stress</p>
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<p><u>Engagement</u></p> <p>Students can not focus when their stress level is high...thoughts are going through their head like a busy highway.</p>		<p><u>Removal</u></p> <p>We react to their behavior and don't take time to seek cause and connect. For the quiet ones, they fade away unnoticed</p>
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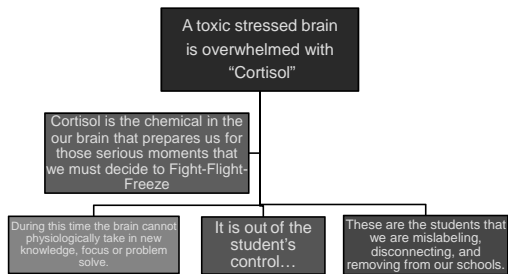
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What does "Toxic Stress" look like in our schools?

- Lower GPA
- Higher rate of school absences
- Increased drop-out rate
- Higher suspensions and expulsions
- Performing below grade level in Reading.
- Impacts memory
- Reduces ability to focus and organize
- Hinders processing of information, some can not do abstract concepts...state math standard
- Interferes with effective problem solving and planning

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What does Dr. Medina tell us about toxic stress...



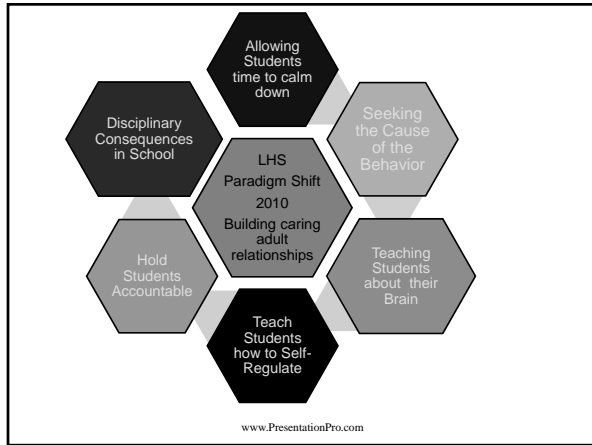
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**Lincoln High School
Implementation 2010**

“Trauma Informed Model”
Demonstrated in our Daily Practice

Removing ... Traditional Discipline Policies

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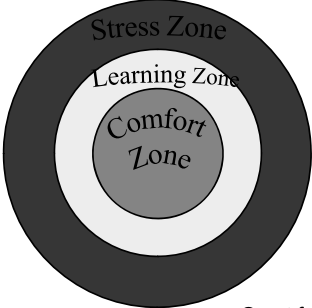
**Lives begin to change when
students know...**

- They are loved unconditionally
- They feel valued & connected
- They are in a safe school environment
- They are given opportunities and taught how to manage their stress.

“My heart has grown an inch”



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One strategy for helping students to identify their stress level...and teach them about their brain and how to regulate their stress

Great for role modeling too!

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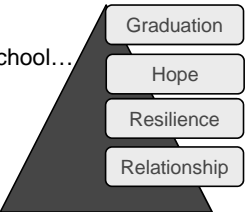
Paradigm in action...student scenario



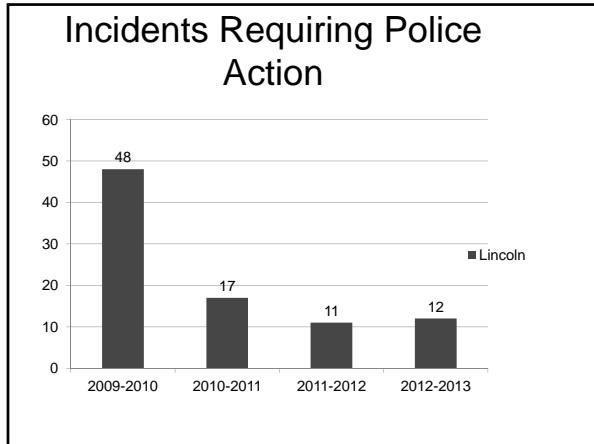
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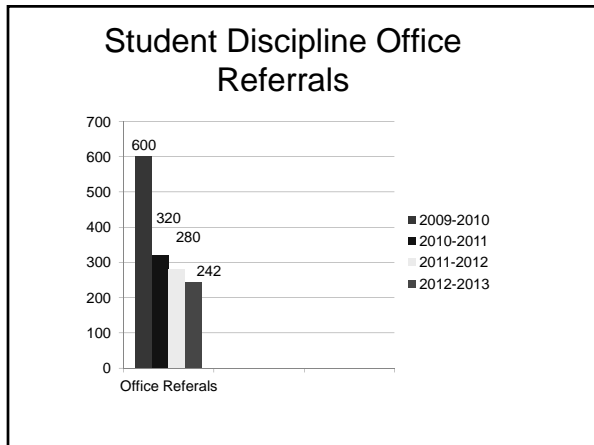
"Before students of trauma can be prepared for learning, we have to reach their heart...before we can reach their head." -Dr. Gensburg

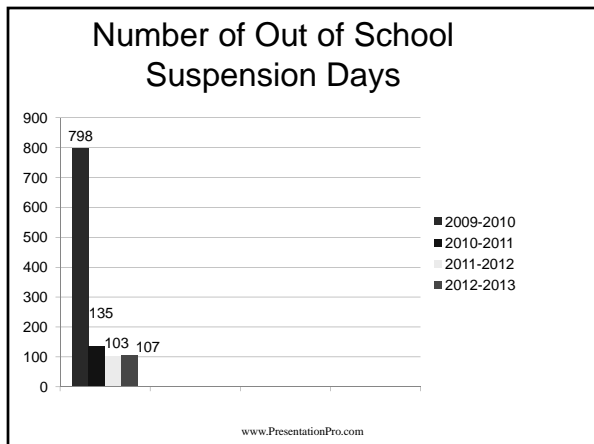
Lincoln is a school...

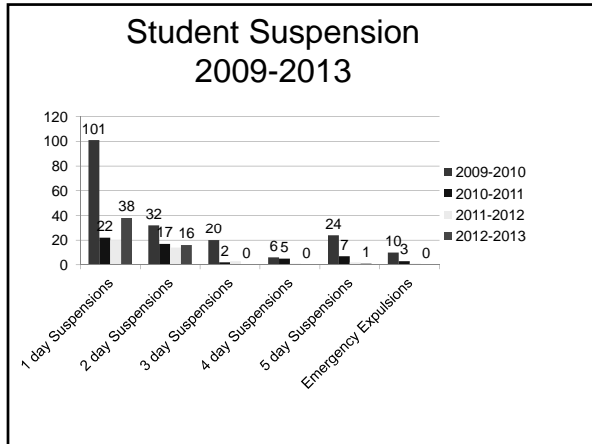


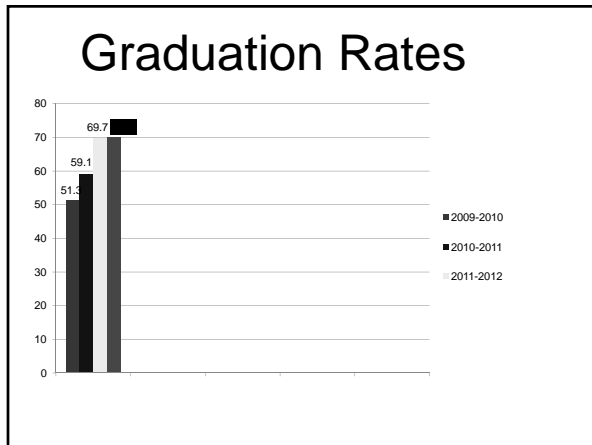
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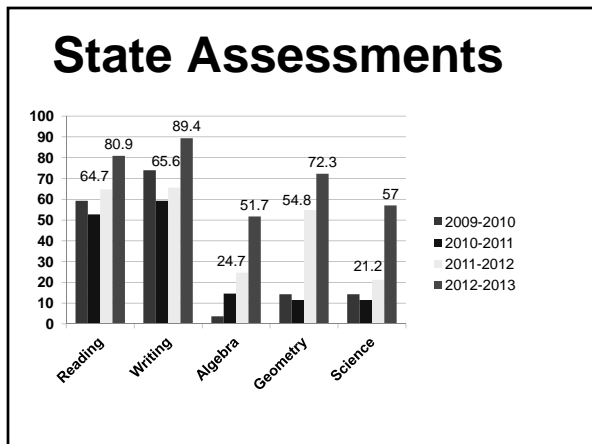












Lincoln High School Students
in Action