

# LGBTQIA+ Youth Mental Health Resource List



## RESOURCES ON LGBTQIA+ YOUTH MENTAL HEALTH

- [Gender Justice LA](#): Gender Justice LA organizes and provides resources for transgender and gender non-conforming people
- [The Williams Institute](#): The Williams Institute is the leading research center on sexual orientation and gender identity
- [The Trevor Project Mental Health Resources](#): The Trevor Project aims to end suicide among LGBTQ young people
- [Human Rights Campaign Resources for LGBTQ+ Youth](#): Human Rights Campaign's goal is to ensure that all LGBTQ+ people are treated equally globally
- [The LGBTQ Youth Space Resources](#): The LGBTQ Youth Space provides services and counseling for LGBTQIA+ youth in Santa Clara County
- [Los Angeles LGBT Center](#): The LA LGBT Center provides various services in areas like health, housing, education, and leadership for the LGBTQ community in Los Angeles County
- [Gay & Lesbian Alliance Against Discrimination \(GLAAD\)](#): GLAAD is an advocacy organization and works to ensure fair and inclusive representation

## WARMLINES AND HOTLINES

- [The Trevor Project crisis line](#):
  - Online chat
  - Phone: 1-866-488-6386
  - Text: 678-678
- [988 LGBTQI+ line](#):
  - Phone: 988, press 3 when prompted
  - Text: Text "Q" to 988

